ISSUE 05 | NOVEMBER 2026

CONNECT 💛 COLLABORATE 💛 SUPPORT 💛 GROW

Our mission is to create a warm and welcoming community where women can connect, collaborate, support one another, and grow through meaningful relationships and shared experiences.

A NOTE FROM THE TEAM

Welcome to the 5th Edition of The Circle Connection!

As we enter the season of gratitude, we are reminded that the heart of **The Circle Women's Networking Group** is the relationships we build and the support we share. Our community continues to grow because of members who are committed to connecting, collaborating, supporting, and uplifting one another in business and in life.

We are excited to invite you to our **Friendsgiving & Members' Business Showcase** on **Thursday, November 12, 2026**, from **5:00 PM to 7:00 PM** at the **Lynnwood Neighborhood Center**. This special gathering will be an evening of connection, gratitude, and celebration as we highlight the talented women and businesses that make The Circle such a vibrant and supportive networking community.

At this meeting, we will enjoy meaningful networking, Friendsgiving fellowship, and the opportunity to visit our Members' Business Showcase, where members can introduce their businesses, products, and services. We are also pleased to feature a special presentation by our very own Circle member, **Sushmi Chander** of **Nothing Bundt Cakes**, who will share her business journey and insights.

Bring a friend, colleague, or fellow business owner and help us continue growing this incredible community. We warmly welcome prospective members, business owners, entrepreneurs, professionals, and women looking to expand their network in a positive, encouraging environment.

Exciting News for 2027!
As we prepare for another year of growth, we are thrilled to announce that beginning in **January 2027**, we will have a new meeting home at **Trinity Lutheran Church**, 6215 196th St SW, Lynnwood, WA 98036. Conveniently located directly across the parking lot from the Lynnwood Neighborhood Center, our new location offers a welcoming space for us to continue building relationships, sharing referrals, supporting local businesses, and growing together.

Thank you for being part of The Circle. Whether you are a longtime member, a first-time guest, or considering membership, we look forward to celebrating with you and welcoming you into our community. Because relationships build businesses!

OCTOBER MEETING RECAP



Sara Centanni
Speaker, Coach & Author

We were honored to learn from one of our newest Circle members, **Sara Centanni,** who shared a powerful message from her most recent book, **The Swap Effect**™, and how small decisions compound into the life we can be proud of.

Sara challenged us to think about how often we unnecessarily apologize or push ourselves beyond healthy limits. "Pushing through the pain is not sustainable," she noted, encouraging us to replace automatic behaviors with choices that support long-term well-being and authentic leadership.

Sara introduced practical frameworks for personal growth: **Envision - Extract - Elevate** and **The PRISM Method**™

She also encouraged us to invision an **identity anchor**, a clear understanding of who we are and who we aspire to become. By staying connected to that identity, we are able to make decisions that consistently align with our values and goals.

Sara's message was both inspiring and actionable. The life we're proud of is not created by a few major moments, but by the thousands of small decisions we make every day. When we learn to swap automatic reactions for intentional responses, we unlock the ability to lead, perform, and live with greater purpose and fulfillment.

To learn more about Sara visit www.saracentanni.com.

We were inspired by **Rachelle Willhite**, who with more than 25 years of experience in real estate, has built her career around helping people find a way forward while creating a thriving business and team culture.

Rachelle shared a simple yet powerful analogy, comparing the growth of a business and a team to nurturing a plant. Just as plants require consistent care, attention, and patience to flourish, successful teams and businesses grow through intentional investment, encouragement, and ongoing development.

One of the key practices highlighted was the importance of setting aside **weekly reflection time**. Taking time to pause, evaluate progress, celebrate successes, and identify opportunities for growth helps us remain focused and intentional rather than simply reacting to the demands of the week.

A memorable part of her presentation was the **positive affirmation jar** she uses with her team. Team members draw and share an affirmation to start a meeting on an encouraging and uplifting note. Rachelle passed the jar around during our meeting, giving each member the opportunity to share the affirmation they selected. In a generous gesture, she also gifted the affirmation jar to The Circle so it can become part of our own meetings moving forward.

Rachelle encouraged us to seek opportunities to learn, grow, and develop our skills, recognizing that personal and professional growth are essential to long-term success. Her message served as a reminder that whether we're building a business, leading a team, or developing ourselves, growth doesn't happen by accident. It comes from intentional care, meaningful reflection, and a commitment to learning every step of the way.



Rachelle Whillhite
Best Choice Realty
Founder, Owner &
Designated Broker



MEMBER SPOTLIGHT

We are proud to announce that several of our Circle Members' businesses have been named as **Finalists in the ⭐ 2026/2027 BEST OF LYNNWOOD Contest ⭐**

Please show your support by voting for each of them in the categories below **between now and December 4th**.
Visit https://lynnwoodchamber.org/vote-best-of-lynnwood/ to vote!

Award Recipients will be announced, LIVE, on **Wednesday, February 17th, 2027,** at the **Lynnwood Chamber Luncheon**. Check the Lynnwood Chamber website to register.



Business Services
*Lynnwood Signarama (**Punita Bansal**)*

Financial / Insurance & Legal Services
*Legacy Signings LLC (**Leslie Pringle**)*

Non-Profit Child / Family Services
*Clothes for Kids (**Cassie Morey**)*

Real Estate Professional
***Ilisa Tokoma'ata**, Best Choice Realty*

Senior Services
*Destinations Lynnwood (**Randee Young**)*

THIS MONTH'S SPONSOR

We'd like to say a special thank you to **Andrea Florescu**, for sponsoring our November meeting!

As a strategic advisor, speaker, and entrepreneur, Andrea helps ambitious founders think bigger, lead bolder, and live freer. Through her work, she empowers business owners to make better decisions, build stronger businesses, and create more room for the lives they truly want to live. Andrea's approach goes beyond business success, encouraging leaders to define success on their own terms and build a life with greater freedom and purpose. We are grateful for Andrea's support of The Circle and her commitment to helping leaders grow both personally and professionally.

To learn more about Andrea visit www.andreaflorescu.com.



GET FEATURED NEXT MONTH

Interested in being a speaker at a meeting, spotlighted, promote a member offer, or wish to have your birthday included in our newsletter?

*Send your request to **thecirclelynnwood@gmail.com** by the 20th of each month.*

Your story matters, and we love celebrating the women who make The Circle such a special community!

CIRCLE SPONSORSHIP OPPORTUNITY
Support our community. Showcase your business.

A $100 sponsorship includes a dedicated table to showcase your business, products, or services at the meeting you sponsor.

*Contact us at **thecirclelynnwood@gmail.com**.*

www.thecirclelynnwood.org

THE Circle
WOMEN'S NETWORKING GROUP

Your Feedback
MATTERS!

We'd love to hear from you!
Please take a moment to share your thoughts and feedback about our recent meeting.

SCAN THE QR CODE
TO SHARE YOUR FEEDBACK

Thank You!
YOUR INPUT HELPS US GROW!

NOVEMBER BIRTHDAY

Happy Birthday to
🎂 Sushmi Chander - 11/26



MEETING DETAILS

📅 Second Thursday of Every Month

🕔 5:00 PM – 7:00 PM

📍 Lynnwood Neighborhood Center
19509 64th Ave W
Lynnwood, WA 98036

Everyone is Welcome!

A response to the calendar invitation sent to your email is always appreciated and helps us plan for the evening.

UPCOMING EVENTS

✻ Circle Year-End Celebration
Thursday, December 10